

7th Australian Nursing and Midwifery Conference



Innovations in Nursing and Midwifery:
Shaping Tomorrow's Healthcare

1 & 2 May 2025

Newcastle Exhibition and Convention Centre, Newcastle, NSW

www.nursingmidwiferyconference.com.au

Conference Program

(subject to change)

Thursday 1 May

8.00am

Conference Registration

8.30am- 10.00am

Session 1 – Plenary

Location: The Arena

Chair: Elizabeth Grist OAM

8.30am

Welcome to Country

Aunty Cheryl, Awabakal People

8.40am

Midnight Dreaming Dance Performance

Conference Opening

8.50am

Professor Deborah Harris, Joint Chair Professor of Nursing and Midwifery Research

Hunter New England Local Health District & The University of Newcastle

9.10am

Address by Major Sponsor

Elizabeth Grist OAM, Executive Director Clinical Services, Nursing and Midwifery

Hunter New England Local Health District

9.15am –

10.00am

Keynote Address

Stan Grant, Charles Sturt University

10.00am – 10.30am

Morning Tea

| Session 2 10.30am – 11.40am | 2A: Innovations in Clinical Practice | 2B: Education and Professional Development | 2C: Sustainability and Wellbeing in Delivery of Healthcare |
|--------------------------------|---|--|---|
| Location: | The Arena | The Extra | The Vivid |
| Chair: | Mary Kelly | Phillip Newton | Michelle Foster |
| 10.30am – 10.50am | Wee problem? Inpatient nurses leading change- structured continence assessment and management plan Judith Dunne & Amanda Styles <i>HNELHD</i> | Enhancing student learning through a continuity-aligned collaborative clinical education model in practice Gary Crowfoot <i>The University of Newcastle</i> | Greener beginnings: midwifery continuity models transforming care and protecting our planet Elysse Prussing <i>The University of Newcastle</i> |
| 5 min | Changeover | Changeover | Changeover |
| 10.55am – 11.15am | Aboriginal community-led co-creation to deliver culturally responsive and appropriate urinary continence care. Amanda Styles & Karen Baker <i>HNELHD</i> | Year 3 student nurse experiences of the CADEU model in NSW Melsina Makaza <i>The University of Newcastle</i> | Midwifery students' experiences of returning to their studies after maternity leave Michelle Gray <i>The University of Newcastle</i> |
| 5 min | Changeover | Changeover | Changeover |
| 11.20am – 11.40am | Neo-SETH: neonatal safe early transfer home program Melissa Bickford <i>HNELHD</i> | Students' evaluation of professional experience placement quality: A cross-sectional survey Ginger Chu <i>The University of Newcastle</i> | Implementation of Schwartz rounds Helen Baines <i>HNELHD</i> |
| 5 min | Changeover | Changeover | Changeover |

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| 11.45am-12.05pm | Session 3: Lightning Poster Presentations Location: The Arena Chair: Amy Wethered | | |
| 11.45am-11.47am | Safe ways of working model of care Anselte Bryant, CCLHD | | |
| | <i>Presenter Changeover</i> | | |
| 11.48am-11.50am | A longitudinal qualitative evaluation of student experiences of the CADEU Model Melsina Makaza, The University of Newcastle | | |
| | <i>Presenter Changeover</i> | | |
| 11.51am-11.53am | Visually enhanced mental simulation (VEMS) enhancing safewards skills for effective de-escalation Jade Angus, Gold Coast Health | | |
| | <i>Presenter Changeover</i> | | |
| 11.54am-11.56am | Conversations that matter, reflective clinical supervision Helen Baines, HNELHD | | |
| | <i>Presenter Changeover</i> | | |
| 11.57am-11.59am | Acute medicine transition programme for returning nurses: an implementation evaluation Leticia Bailey, CCLHD | | |
| | <i>Presenter Changeover</i> | | |
| 12.00pm-12.02pm | Nursing program with mindfulness-based cognitive therapy for psychological care for poststroke patients Kedsaraporn Kenbubpha, Boromarajonani College of Nursing | | |
| | <i>Presenter Changeover</i> | | |
| 12.03pm-12.05pm | Self-administration of subcutaneous bortezomib in the home setting: A feasibility study Jennie King, CCLHD | | |
| 5min | Changeover | | |
| 12.10pm-1.00pm | Session 4 – Plenary Location: The Arena Chair: Louise Waymouth | | |

12.10pm **Address by Major Sponsor**
Wendy Stanbrook-Mason, District Director of Nursing and Midwifery
Central Coast Local Health District

12.15pm **Keynote Address**
Susan Pearce AM, Secretary, NSW Health

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| 1.00pm-1.50pm | | | |
| Lunch | | | |
| Session 5 1.50pm – 3.50pm | 5A: Innovations in Clinical Practice | 5B: Education and Professional Development | 5C: Sustainability and Wellbeing in Delivery of Healthcare |
| Location: | The Arena | The Extra | The Vivid |
| Chair: | Katie Gandy | Anthea Fagan | Katrina McLeod |
| 1.50pm – 2.10pm | The importance of cleaning and disinfection of shared medical equipment: a RCT Brett Mitchell <i>Avondale University</i> | Intrusive thoughts in perinatal care: Bridging nurse and midwife knowledge gaps Frances Bilbao <i>Mums Matter Psychology</i> | To the barricades: Nurses leading battle for health equity through environmental activism Margaret Gatling <i>University of Technology Sydney</i> |
| 5 min | Changeover | Changeover | Changeover |
| 2.15pm-2.35pm | Translating research to practice: Nurse practitioner cardiac telehealth for rural emergency departments Fiona Dee <i>The University of Newcastle</i> | Every moment matters: Training to support alcohol-free pregnancy and safe breastfeeding Claire Margan <i>Foundation for Alcohol Research and Education</i> | The role of self-care of registered nurses instigating advance care planning Maryanne Podham <i>Charles Sturt University</i> |
| 5 min | Changeover | Changeover | Changeover |

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| 2.40pm-3.00pm | Evaluating and optimising nursing and midwifery research in practice Gena Lieschke HNELHD | The lived experience of midwives' transitioning from a clinician to an academic Michelle Gray The University of Newcastle | From concept to implementation: Health & wellness day for nurse unit managers Martin Gray John Hunter Hospital |
| 5 min | Changeover | Changeover | Changeover |
| 3.05pm-3.25pm | Transforming emergency nursing practice through initiative and data-driven insights Noriko Koizumi CCLHD | Saudi Arabian nursing student's knowledge of and attitudes towards pain management-mixed-methods study Fawaz Alshehri University of Technology Sydney | The nurse manager and sandwich model Christine Chisengantambu Australian Catholic University |
| 5 min | Changeover | Changeover | Changeover |
| 3.30pm-3.50pm | Air purifiers and acute respiratory infections in aged care: A randomised trial Bismi Thottiyil Sultanmuhammed Abdul Khadar The University of Newcastle | Strengthening the rural nursing workforce: An innovative collaborative placement model Jessica Billet The University of Newcastle | Holistic refugee health in the rural setting: sustainable, community-engaged, and nurse-led care Rachael Ferris HNELHD (presented by Kate Marshall) |
| 3.50pm – 4.20pm Afternoon Tea | | | |
| Session 6 4.20pm – 5.30pm | 6A: Innovations in Clinical Practice | 6B: Education and Professional Development | 6C: Sustainability and Wellbeing in Delivery of Healthcare |
| Location: | The Arena | The Extra | The Vivid |
| Chair: | Jennie King | Mel Pickering | Gena Lieschke |
| 4.20pm – 4.40pm | From failure to thrive, to thriving: Glen Innes midwifery group practice Sarah Whyte HNELHD | Using game-based learning to prepare for clinical practice: Are you practice ready? Priyal Patel Aatly Australian Catholic University | "Every day is dangerous" – Acute stress in emergency department nurses Lucinda Mithen The University of Newcastle |
| 5 min | Changeover | Changeover | Changeover |
| 4.45pm – 5.05pm | Evaluation of the community breastfeeding assessment tool Dianne Zammit & Kerrie Kitchner CCLHD | InPPaCT: A 'link' nurse program empowering clinicians to provide evidence-based palliative care Nicole Cairns HNELHD | What are the mentoring needs of nurse practitioners in a health district? Anthony Sokolowski HNELHD |
| 5 min | Changeover | Changeover | Changeover |
| 5.10pm – 5.30pm | People with behavioural and psychological symptoms of dementia and palliative care assessment Jenny Ford, MNCLHD Maree Gallop, HNELHD | Nepean Blue Mountains local health district nursing and midwifery career pathways Irene Goodwin NBMLHD | Patient satisfaction with the rural emergency department nurse practitioner model of care Sophie Dilworth HNELHD |
| 5.30pm Close of Day One | | | |
| Welcome Reception – NEX Sponsored by DV-alert, Lifeline Australia  DV-alert <small>Domestic Violence Alert System</small> | | | |
| 5.30pm – 7.30pm | | | |

Friday 2 May

8.00am

Conference Registration

8.30am - 9.25am

Session 7 – Plenary
Location: The Arena
Chair: Katrina McLeod

8.30am

Welcome to Day 2

8.35am

Address by Major Sponsor
Mid North Coast Local Health District

Keynote Address

8.40am – 9.25am

The Value of Innovation in Shaping Healthcare
 Dual Perspectives from a Provider and Recipient with Lived Experience
Emma Gee, Inspirational Speaker & Author

| 5 min | Changeover | Changeover | Changeover |
|------------------------------------|---|---|--|
| Session 8 9.30am-10.40am | 8A: Innovations in Clinical Practice | 8B: Education and Professional Development | 8C: Innovations in Clinical Practice |
| Location: | The Arena | The Extra | The Vivid |
| Chair: | Mel Pickering | Anthea Fagan | Karen Hazell Raine |
| 9.30am-9.50am | Empathic voice interface transforming dementia care through AI-driven empathetic communication: Narrative review Wai Hang Kwok <i>Edith Cowan University</i> | Evaluation of a workshop supporting new graduate midwives to provide midwifery continuity Allison Cummins <i>School of Nursing and Midwifery</i> | Nursing leaders driving excellence as mock accreditation assessors Susan Merrit <i>John Hunter Hospital</i> |
| 5 min | Changeover | Changeover | Changeover |
| 9.55am-10.15am | Palliative care for Chinese residents living with dementia: A model of care Minah Gaviola <i>The University of Newcastle</i> | Improve translation of perinatal safety education into clinical practice Elle Coombes & Hayley Cook <i>MNCLHD</i> | Exploring mental health nurses' experiences of a patient suicide in the community Melsina Makaza <i>The University of Newcastle</i> |
| 5 min | Changeover | Changeover | Changeover |
| 10.20am-10.40am | PACER - Partnering with police to reduce mental health stigma Natalie Crutchfield & Tim Moore <i>CCLHD</i> | What supports nursing and midwifery graduates to seek employment in rural NSW? Katrina McLeod <i>MNCLHD</i> | SAFER-IVK: Staff survey and clinical audit outcomes Jacqueline Colgan <i>CCLHD</i> |
| 5 min | Changeover | Changeover | Changeover |
| 10.45am – 11.05am | Session 9: Lightning Poster Presentations Location: The Arena Chair: Michelle Foster | | |
| 10.45am-10.47am | Illuminating experiences of pregnancy with postural orthostatic tachycardia syndrome using found poetry Kate Levick, The University of Newcastle | | |
| | <i>Presenter Changeover</i> | | |
| 10.48am-10.50am | Efficient transitions: Streamlining 'walking wounded' from ED to OR with virtual care Georgia Marr, HNELHD | | |
| | <i>Presenter Changeover</i> | | |
| 10.51am-10.53am | Enhancing patient engagement and care coordination through a patient care board redesign Michelle McGregor, HNELHD | | |
| | <i>Presenter Changeover</i> | | |
| 10.54am-10.56am | Intraoperative nursing in pre-registration nursing programs: A scoping review Marlen Orsina, The University of Newcastle | | |
| | <i>Presenter Changeover</i> | | |

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| 10.57am-10.59am | Multi-sensory story telling in the iCave: Transforming theoretical concepts into professional practice Elysse Prussing, <i>The University of Newcastle</i> | | |
| | <i>Presenter Changeover</i> | | |
| 11.00am-11.02am | Nurse practitioner (NP) education framework: developing and sustaining essential skills and knowledge Anthony Sokolowski, <i>HNELHD</i> | | |
| | <i>Presenter Changeover</i> | | |
| 11.03am-11.05am | New graduate RN programs & developing future workforce at John Hunter hospital Neridah Thomson, <i>HNELHD</i> | | |
| | <i>Presenter Changeover</i> | | |
| 11.06-11.08 | The incredibly delicious trial: an investigation on the homemade vs commercially-produced cake Amber Louise Poulter, <i>John Hunter Hospital</i> | | |
| 11.08am – 11.40am Morning Tea | | | |
| Session 10 11.40am - 1.15pm | 10A: Innovations in Clinical Practice | 10B: Education and Professional Development | 10C: Sustainability and Wellbeing in Delivery of Healthcare |
| Location: | <i>The Arena</i> | <i>The Extra</i> | <i>The Vivid</i> |
| Chair: | Mary Kelly | Phillip Newton | Louise Waymouth |
| 11.40am-12.00pm | An implementation intervention trial to increase the routine provision of gestational weight gain care Eva Farragher <i>HNELHD</i> | Guiding excellence: Nurturing our nurses through the ICU preceptor program Laura Fagan, <i>Sutherland Hospital</i> Kelsey Matthews, <i>NSW Health TSH</i> | Effectiveness of spiritual therapy on stress levels among people living with HIV Isnaeni Nur Khayati <i>Sardjito Hospital Yogyakarta</i> |
| 5 min | <i>Changeover</i> | <i>Changeover</i> | <i>Changeover</i> |
| 12.05pm – 12.25pm | Improving outcomes for pregnancy in women with pre-existing postural orthostatic tachycardia syndrome Kate Levick <i>The University of Newcastle</i> | Unmasking the future of caring for older people: Innovations in health education Suzi Querruel <i>Charles Sturt University</i> | Gloves off, gowns down for patient safety and a sustainable future Patricia Knight, <i>HNELHD</i> Teresa Lewis, <i>John Hunter Hospital</i> |
| 5 min | <i>Changeover</i> | <i>Changeover</i> | <i>Changeover</i> |
| 12.30pm – 12.50pm | St George hospital model of care (MoC) Project Jodie Bancroft <i>St George Hospital</i> | From task to care: Empowering nurses & midwives in venepuncture & cannulation Amy O'Beirne <i>SWSLHD</i> | Let's sway: Point of care resources South West Sydney local health district Matthew Wilson <i>SWSLHD</i> |
| 5 min | <i>Changeover</i> | <i>Changeover</i> | <i>Changeover</i> |
| 12.55pm – 1.15pm | Using improvement science to “take the pressure off” Shifa Basjarahil <i>SESLHD</i> | A match made in ICU: Allocating the right patient to the right nurse Leonie Cavanagh <i>HNELHD</i> | Empowering youth with sickle cell disease through an innovative App solution: SCD-Care Fatimah Almarzooq <i>The University of Newcastle</i> |
| 1.15pm – 2.15pm Lunch | | | |
| 2.15pm - 3.25pm Session 11 – Plenary Location: The Arena Chair: Kerry Inder | | | |

2.15pm Sponsor Address
Kerry Inder, Acting Head of School & Dean of Nursing and Midwifery
The University of Newcastle

2.20pm Keynote Address
Reclaiming Nursing Core Values: A Leadership Agenda
Brendan McCormack, Head of School and Dean at The Susan Wakil School of Nursing and Midwifery the Faculty of Medicine and Health at The University of Sydney

3.05pm **Wrap Up and Closing Remarks**
 People's Choice Poster Winner
 Trade Passport Winner

3.25pm **Afternoon Tea - Grab and Go**

POSTERS (alphabetical by surname)

Please visit the posters displayed on the LCD screens at the back of the Arena

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| | Pain in non-verbal critically ill patients: nurses' knowledge, attitude, and practice Malak Alharthi, The University of Newcastle |
| | Saudi Arabian nursing student's knowledge of and attitudes towards pain management-cross-sectional study Fawaz Alshehri, University of Technology Sydney |
| | Lessons learned- reflective practice in mental health inpatient units Jade Angus, Gold Coast Health |
| | Coordinating holistic person-centred care – everybody's business Alison Austen, CCLHD |
| | Enabling future leaders in nursing & midwifery Jodie Bancroft, St George Hospital Kogarah |
| | Transition to mental health practice programme Anselle Bryant, CCLHD |
| | The Sutherland hospital emergency department & geriatric flying squad pathway Sandhya Chand, Sutherland Hospital |
| | Wander to ponder Arjay Clamonte, Bowral & District Hospital |
| | Know falls, no falls Arjay Clamonte, Bowral & District Hospital |
| | Evaluation of audiometry client experience using new otoscope technology and social story Jonathon Clarke, HNELHD |
| | The CSO role: a Path to efficiency and sustainability at Maitland hospital Stephen Croft, HNELHD |
| | Integrating reflexivity into nurse practitioner post graduate education: contextualising practice beyond reflection Fiona Dee, The University of Newcastle |
| | Paediatric insulin pump start-up program in a NSW regional health district Tracy Desborough, CCLHD |
| | Improving hospital discharge: evaluating the uptake and impact of follow-up phone calls Sophie Dilworth, HNELHD |
| | Clinical nurse midwifery educator capability project-the design of a professional framework Emma Dixon, NBMLHD |
| | Innovative nursing education: the role of virtual placements for flexible learning Anthea Fagan, University of New England |
| | ADT: Are we starting with a normal skeletal muscle and fat mass Suzzanna Fettell, Mid North Coast Cancer Institute |
| | Does generative AI perpetuate digital ageism? insights from a critical visual analysis Mathieu Figeys, The University of Newcastle |
| | From data to action: reducing falls in a neurology/stroke/general medicine unit Margie Fletcher, CCLHD |
| | Culturally appropriate palliative care among residents of Chinese ethnicity: a qualitative study Minah Gaviola, The University of Newcastle |
| | Exploring the feasibility of health humanities in midwifery education Katharine Gillett, The University of Newcastle |
| | Criteria led discharge: enhancing patient care and streamlining discharge Maree Hollis, MNCLHD |
| | Nursing grand rounds: a mechanism for promoting excellence in nursing Catherine Johnson, Calvary Mater Newcastle |
| | Adapted innovative mindfulness-based cognitive therapy for myocardial infarction and depression (iMBCT-MD) Kedsaraporn Kenbubpha, Boromarajonani College of Nursing |
| | Effects of a SWELE program on SEN children's and adolescents' mental wellbeing Regina Lai Tong Lee, The Chinese University Of Hong Kong |

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| | Improving rural ED access: Healthcare professionals' acceptability of the RED-NP MoC. Gena Lieschke, HNELHD |
| | Spiritual care in healthcare: it begins and ends with you April Macneill, John Hunter Hospital |
| | Enhancing care through morbidity and mortality meetings: improving for better patient outcomes Georgia Marr, HNELHD |
| | Manager essentials - driving success: a strategic playbook for managers & leaders Michelle McGregor, HNELHD |
| | Attracting and retaining early career nurses and midwives in regional communities Katrina Mcleod, MNCLHD |
| | Chemotherapy-induced neutropenia Sarah McNaught, Calvary Mater Newcastle |
| | Is it safe to leave? A review of close observation bays, Gemma Melileo, HNELHD |
| | MNCLHD paediatric complex care coordination Tara O'Brien & Zoe Chaffer, MNCLHD |
| | A novel nurse practitioner framework in a regional health service in NSW Emma Penny, HNELHD |
| | Nursing and medical students interprofessional simulation activity: lessons learnt Maryanne Podham, Charles Sturt University |
| | Client satisfaction of health home visiting Margaret Ridgway, HNELHD |
| | Experiences of nurse preceptors in a continuity-aligned dedicated education unit Michelle Stubbs, The University of Newcastle |
| | Virtual training for rural nurses: bridging education gaps in resource-limited settings Kelly Tucker, Nursing and Midwifery Services |
| | Evaluation of outpatient models of care for hyperemesis gravidarum Rachel Upton, HNELHD |
| | An acute geriatric outreach service addressing the education needs of RACF nurses Lisa Usher, SESLHD |
| | Recent research into child and family health nursing practice: National collaboration opportunities. Louise Wightman, Flinders University |
| | Development of a digital OASV assessment program - PEAR (Pre-Employment Assessment Record) Ashleigh Wilson, HNELHD |
| | Transforming practice, launching the SWSLHD seclusion & restraint online register Matthew Wilson, SWSLHD |
| | Identifying the effects of resilience interventions for nurses' sustainability and well-being Fiona Yu, The University of Newcastle |
| | Improving interpreter access for CALD patients aged care: a quality improvement approach Esnath Zhungu, NBMLHD |